



City of Evanston
**LIFE SKILLS
GROUPS AT
DISTRICT 65
MIDDLE
SCHOOLS**

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ABOUT

The Youth and Family Services Division organizes life-skills groups for middle-school students at Nichols Middle School, Haven Middle School, Dr. Martin Luther King Jr. Literary and Fine Arts School, and Dr. Bessie Rhodes School of Global Studies. These groups focus on a different topic each week, addressing various life skills. The topics covered in the group include:

- respect (selves/others/space),
- violence intervention,
- goal setting,
- social media,
- leadership/self-esteem,
- social/emotional empowerment,
- conflict resolution,
- peer pressure and bullying,
- and more.

Facilitators for the 2023-2024 School Year

Boys Group

- Stacey Moragne, Lead Outreach Worker
- Monday Bamgbose, Outreach Worker
- Willie Dixon, Outreach Worker
- James Bowen, Youth & Family Advocate

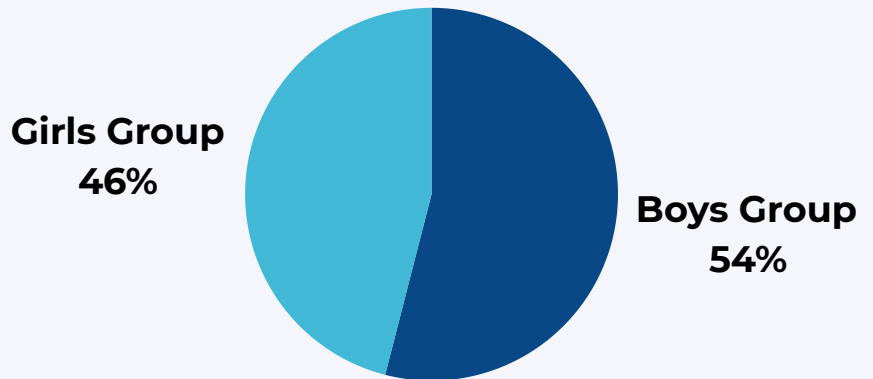
Girls Group

- Jamie Cherry, Outreach Worker
- Damita Cravens, Outreach Worker
- Yazari Gutierrez, Outreach Worker

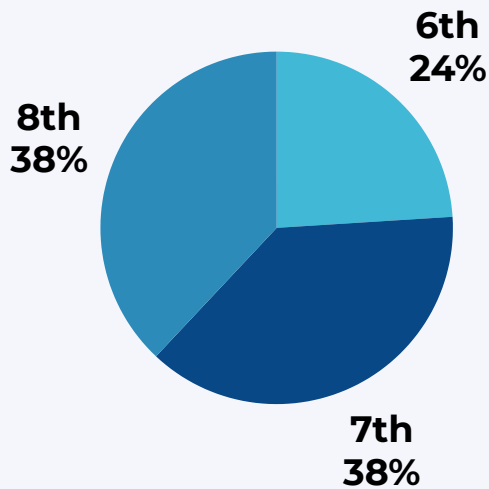


DEMOGRAPHICS

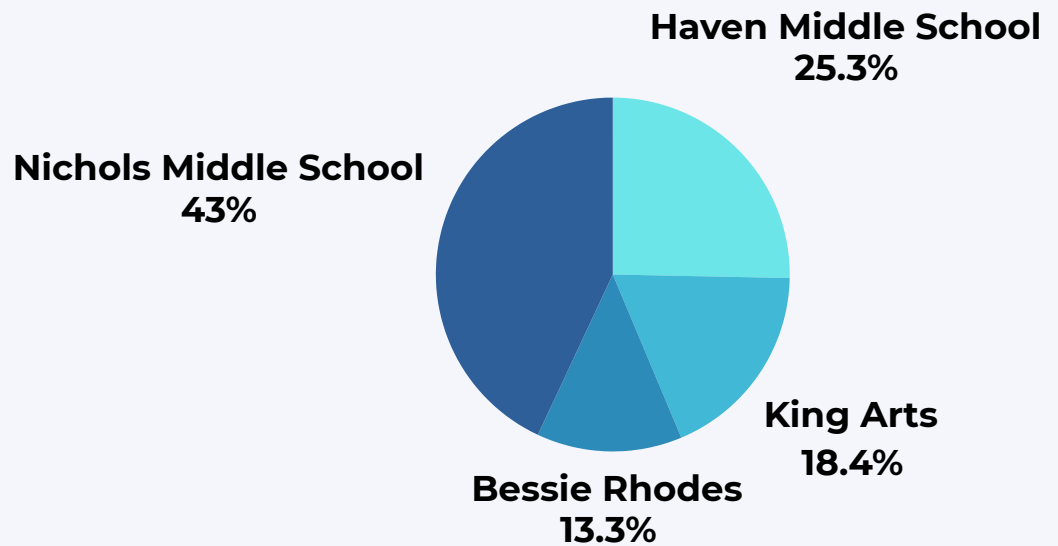
GENDER



GRADE



SCHOOL BREAKDOWN



SURVEY RESPONSES

	Yes	No
This group was helpful to me.	97%	3%
I felt heard by other students in the group.	95%	5%
I felt heard by the facilitators in the group.	97%	3%
I felt comfortable sharing personal information about myself in the group.	81%	19%
I would recommend this group to a friend.	97%	3%

SURVEY RESPONSES

	Yes	No
I felt that this group was a safe space for me.	95%	5%
I learned more about myself and what makes me happy.	85%	15%
I learned more about good decision-making and feeling confident with my decisions.	99%	1%
I know who to talk to if I run into a situation or problem that I might need help with.	94%	6%



SURVEY RESPONSES

What was the most helpful part of group? (Common responses)

Advice on dealing with situations.

Having fun and talking about life lessons.

Helps us understand life.

Being able to share our feelings.

Being able to express myself.

Learning about new topics.

Talking to the facilitators.

Having people understand me.

Having deep conversations.

Stepping out of our comfort zone.

Letting people have an opinion.

Having a safe space.

SURVEY RESPONSES

What was the least helpful part of group? (Common responses)

When students would sometimes interrupt other students when sharing.

We would give up our recess time.

That it was only once a week.

Would prefer better snacks.

Having to sometimes talk/share outloud.

When group would sometimes feel uncomfortable due to drama that would occur outside of group days.

Nothing was not helpful.

SURVEY RESPONSES

What are some things you learned in group? (Common responses)

About jobs, interviewing, and creating resumes

Healthy decision-making and making better choices.

Respect and working with others.

How to express myself in group.

Self-love, care, and how to be kind to myself.

Toxic relationships/friendships.

Gun violence prevention.

How to guide myself through life.

Navigating school and staying focused.

Money and money management.

How to help someone and help myself through my emotions.

I learned more about myself and my peers and how we are not alone.

SURVEY RESPONSES

What are some suggestions you have for group next year? (Common responses)

Meet more than once a week.

To go outside more.

Encourage more youth to come.

More deeper conversations.

More games/crafts.

More field trips!

More snacks.

Have more combined groups (boys/girls).

Nothing, everything was great!

SURVEY RESPONSES

Anything else you would like to share?

I loved group.

No, just that I enjoyed this year!

Continue to do what you do.

This group helps teens make decisions smartly.

You guys helped me advocate for myself to my dad.

Thank you for everything!

Thank you for helping me.

This was an awesome year with you guys.

I loved group and speaking to people.

I am so thankful for the opportunity and thank you for listening to what I had to say.

This was a great experience and I would come again.



THANK YOU!

The Youth and Family Services Division at the City of Evanston would like to thank our partners at District 65 for allowing us to have a successful 2023-2024 school year.

