



# **Social Services Committee**

November 10, 2022 - Meeting Overview



# Agenda

- Call to order/declaration of a quorum
- Suspension of the rules (vote)
- Public Comment
- Approval of Meeting Minutes from September 22, 2022
- Approval of Mental Health Service Provider(s) & FY 23/24 Program Budget
- Approval of \$190,000 CDBG-CV Funds to Support COVID-19 Related Food, Staff & Safety Protocols
- Approval of \$60,400 CDBG-CV Funds for Health Staff Responding to COVID-19
- Approval of Chair and Vice-Chair
- Staff Report
- Public Comment
- Adjournment



# Public Comment



# **Mental Health Services Program:**



## Referring Partners:

City of Evanston - Victim Advocates	City of Evanston - General Assistance/ Emergency Assistance staff
City of Evanston - Youth & Young Adult staff	Childcare Network of Evanston
Connections for the Homeless	Infant Welfare Society
James B. Moran Center for Youth Advocacy	Family Focus



## Target Populations/Needs:

<p><b>Parents and children 5 and younger:</b> Groups: parenting classes in English &amp; Spanish, group/family support to address DV, divorce, and trauma. Individual services: parent/child psychotherapy, sexual abuse counseling</p>	<p><b>Adults/families in PSH or newly housed.</b> Group therapy for trauma, grief &amp; loss, group session for mental illness/substance abuse, individual counseling - depression, anxiety, PTSD, life skills, anger management</p>
<p><b>Youth 10-18:</b> depression, anxiety, fears about violence, pregnancy, complex family dynamics, IEPs, life transitions. Need for relationship building at Centers/Schools</p>	<p><b>Support for people or families experiencing trauma,</b> loss, grief/bereavement, substance misuse and complex family issues. Need for couples counseling/marriage &amp; family therapy</p>
<p><b>Recent immigrants &amp; households with undocumented family members</b></p>	<p><b>Support for LGBTQIA+ community</b></p>



## Estimated Number of Services Needed

- Family therapy for 15-20 households, up to 10 may need DCFS/ court reports
- Support groups for:
  - Emotional regulation (adults & youth)
  - Race-based Trauma/PTSD
  - Domestic abuse survivors (English/Spanish)
  - Parents
  - Fathers (English/Spanish)
  - Mental illness/Substance abuse
  - Grief/loss - support for victims of violence/crime
- Individual counseling for 40-50 participants



## Staff Budget Recommendations

- Allocations for individual/family and group sessions
  - Up to \$150,000 individual/family
  - Up to \$200,000 group sessions
- Approve use of funds for group meeting support: food/child care
- “Cap” for number of individual/family sessions

Staff will provide monthly/quarterly progress & budget report.





## **Staff Recommendations**

### **Skylight Counseling Center**

- 50 new clients per year
- Up to 5 groups per year
- Discrete office location for individual/family counseling

### **Josselyn Center**


- 20 new participants each month
- Up to 4 groups weekly
- Care Coordinator to help referrals connect to services

### **Metropolitan Family Services**

- Wide variety of groups
- Provision of services to targeted populations



# Questions for Applicants



# **Support for Ongoing COVID-19 Related Food, Staff, and Safety Protocols**



## CDBG-CV Funding Request for \$190,000

- CDBG-CV funding must be used to prepare, prevent the spread and respond to COVID-19.
- Funds used for additional food/staff to distribute it, cleaning & sanitization for shelter supplies and spaces, and air purifiers

### Recipients:

Connections for the Homeless: \$150,000


Interfaith Action Evanston: \$40,000



## CDBG-CV Request for \$190,000

### Distribution:

Food Distribution/Staff	\$154,000
Cleaning Support/Supplies	\$34,000
Air Purifiers	\$2,000



# **Support for Health Staff Responding to COVID-19 Pandemic**



## **CDBG-CV Request for \$60,400**

- **Case Investigator (FT/\$24,600)**
- **Communicable Disease Liaison to High Risk Populations (PT/\$16,400)**
- **Public Health Data Analyst (PT/\$16,400)**
- **Vaccination Consultant (Contract/\$3,000)**

**Request would support staff from January 1 through June 30, 2023**



# Chair & Vice Chair Vote





# Staff Report

- **Draft 2023 Action Plan available for Public Comment**
  - Comment period will close December 13 at HCDC meeting
- **Case Management Applications**
  - 2 New: Connections - Youth Program, Impact Behavioral Health Partners - Clinical Services Case Manager
  - Total Request = \$478,000
- **Safety Net Applications**
  - 2 New: CNE - Mental Health Services/Children & Families, Infant Welfare Society - Safety Net TBN & BTN
  - Total Request = \$900,620



**Thank you!**