

## Prohibited Foods

- Meat, Poultry, Fish, or Shellfish
- Dairy\*
- Eggs\*
- Pumpkin Pies, Sweet Potato Pies, Cheesecakes, Custard
- Pies, Creme Pies, and Pastries with Potentially Hazardous Fillings or Toppings
- Garlic in Oil or oil infused with garlic unless acidified
- Low-Acid Canned Foods
- Sprouts
- Cut Leafy Greens, except for Cut Leafy Greens that are dehydrated, acidified, or blanched and frozen
- Cut or Pureed Fresh Tomato or Melon
- Dehydrated Tomato or Melon Frozen Cut Melon
- Wild-Harvested, Non-Cultivated Mushrooms
- Alcoholic Beverages
- Kombucha

\*Can be used as an ingredient in non-hazardous baked goods or in frosting such as buttercream.