

RESILIENT FAMILIES

Learning to Bounce Through
Life's Challenges

The presentation will include discussion of:

- How communities build resiliency through a trauma informed lens
- The importance of understanding Adverse Childhood Experiences (ACES)
- Ways to reduce the barriers faced by families
- Available resources to support families

Wednesday, November 15th, 2017
6:30 pm - 8:00 pm
Refreshments to follow

Northwestern University
Segal Visitors Center
1841 Sheridan Road, Evanston IL
(Free parking in building garage)

Collaborating Partners:



EVANSTON
CRADLE TO CAREER



Illinois ACES Response Collaborative



Keynote Speaker:

Dr. Terry Mason, COO
Cook County Department of Public Health



Featured in the film "Forks over Knives" and recipient of a Telly Award for the video, "Not By Myself," with Marylyn Macoo and Billy Davis Jr. Dr. Mason has shared his holistic approach to health on his call-in radio show on WVON 1690 AM, "The Doctor in the House" for over 20 years.

**Dr. Mason will be followed by a panel discussion
with the following moderator
and guests:**

Moderator - Shannon Heffernan
Reporter at WBEZ

Evonda Thomas-Smith, MSN, DrPH(c), Director
Evanston Health & Human Services

Vikki Rompala, LCSW, Director
Metropolitan Family Services
Quality and Outcomes

1.5 CEUs are available

RSVP suggested but not required to either
www.resilient-families.eventbrite.com
or Metropolitan Family Services Evanston/Skokie Valley
at 847-425-7500