



# Fall 2008 Volleyball Programs!

## Middle School Volleyball Skills & Drills + game time

GRADES 5-8

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving and spiking. You will learn to overhand serve and develop skills to play games. The lesson plan directs the use of self-mastery training and groups that help each student reach a new level. The final 30 minutes will be coached scrimmages amongst the players. All students will receive a 6-point evaluation and a Youth Volleyball rating. Instructors organize games at the end of each class. No class on Nov. 26.

For registration details, please call Ray Doerner at 847/448-8682. For questions specific to content and instruction, please call Volleyball Professionals at 312/479-4347.

Registration deadlines: Sept. 19 and Oct. 31. If we don't have enough registrants by this date the program will be cancelled. We will continue to accept registrations after this date IF the program had enough registrants as of the deadline.

Location: Chandler-Newberger Community Center

Age Level: Grades 5-8 (boys and girls)

Fee: \$68R/\$76 NR Length: 6 weeks

Class #	Dates	Day	Time
632884 A8	Sept 24-Oct 29	W	6-7:30pm
632884 B8	Nov 5-Dec 17	W	6-7:30pm

## Winter Break Volleyball Camp

Save the dates:

Dec. 22-24 (Session 1) and Dec. 29-31 (Session II).

These three-day camps will concentrate on passing, setting, and spiking, as well as lots of game-situation drills. Details will be listed in the winter issue of *Arts + Recreation* magazine, which will be mailed in mid-November.



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## Middle School Volley Club for Boys & Girls in Grades 6-8

Try-In: Early December 2008 at Chandler-Newberger Center for this 15-week volleyball program. All players must pay and be committed before the try-in. The exact date and time will be announced in the Winter issue of *Arts + Recreation* magazine, which will be mailed in mid-November. For an update before then, contact Ray Doerner at 847/448-8682.

This middle school volley club program will meet once per week from Jan. 5 through mid-April and will build a team to compete against other volleyball clubs in tournaments and league match formats. Each member of the club will have top skills in passing, setting and spiking as well as game situation experience.

This program teaches volleyball to young athletes who desire to expand their volleyball skills beyond drills and into the application-stage of the game. The application of drills can only be achieved through game play, which is the primary focus of the Volley Clubs 4 Parks Program. We will make the sport of volleyball enjoyable and challenging by developing the necessary skills in our athletes to assist them in achieving success at the next level. At the conclusion of the season, our athletes usually have developed a deeper love of volleyball and a desire to learn more!

Schedule: 90 minutes of practice per week on Mondays or Wednesdays. Will play in 6 tournaments (guaranteed).

Fee: \$295 R/\$325 NR (fee is returned if child is not placed on the team)

## Adult Skills & Drills for Beginners

This 10-week class is for beginners who wish to develop better passing, setting, and spiking fundamentals in a relaxed and fun class. The instruction gives players the tools to continue improving their game on their own. All students will receive a 6-point evaluation. For registration details, please call Ray Doerner at 847/448-8252. For questions specific to content and instruction, please call Volleyball Professionals at 312/479-4347. No class on Nov. 30.

**Registration deadline: Sept. 24.** If we don't have enough registrants by this date the program will be cancelled. We will continue to accept registrations after this date IF the program had enough registrants as of the deadline.

Location: Chandler-Newberger Community Center

Age Level: 16 and up Skill Level: Beginner

Fee: \$109 R/\$124 NR Length: 10 weeks

Class #	Date	Day	Time
633707 A8	Sept 28-Dec 7	Su	1-2pm

**See other side for more volleyball programs**

## Adult Volley Club Training with Coach!

This program gives adults the opportunity to train and compete as a team with a coach. The atmosphere is friendly, social and professional. The level of play is generally intermediate but there may be players of many different levels so please inquire if you're interested – no matter what your level! This format gives players the ability to improve and even advance to more competitive teams when they're ready. This is a year-round playing opportunity, but you only register by season, so you can take a break if you need it. No class Nov. 30.

For registration details, please call Ray Doerner at 847/448-8682. For questions specific to content and instruction, please call Volleyball Professionals at 312/479-4347.

**Registration deadline: Sept. 24.** If we don't have enough registrants by this date the program will be cancelled. We will continue to accept registrations after this date IF the program had enough registrants as of the deadline.

Staff: Volleyball Professionals

Location: Chandler-Newberger Community Center

Age Level: 16 and up

Fee: \$116 R/\$131 NR Length: 10 sessions

Class #	Dates	Day	Time
633832A8	Sept 28-Dec 7	Su	3-4pm

## Spiking & Serving – Specialty Class for Adults

Class is for intermediate and advanced players who wish to learn proper arm swing and footwork in addition to developing jumping skills. Drills keep players focused on reach and power. In addition, this class will work on developing different types of serves to improve your effectiveness. This class is for players age 16 and up. No class Nov. 30.

For registration details, please call Ray Doerner at 847/448-8682. For questions specific to content and instruction, please call Volleyball Professionals at 312/479-4347.

**Registration deadline: Sept. 24.** If we don't have enough registrants by this date the program will be cancelled. We will continue to accept registrations after this date IF the program had enough registrants as of the deadline.

Location: Chandler-Newberger Community Center

Age Level: 16 and up

Skill Level: Int./Adv. (A & BB)

Fee: \$116 R/\$131 NR Length: 10 sessions

Class #	Date	Day	Time
633831A8	Sept 28-Dec 7	Su	2-3pm

## Fall Indoor Adult Volleyball Leagues

Come to Chandler-Newberger and enjoy our leagues in a fun, relaxed atmosphere! The leagues are Co-ed 6's. All teams are guaranteed 8 matches plus playoffs. Teams registering must pay the entire fee in order to hold a spot. Rosters are due before the first match, but changes may be made up to the fourth match. Register in person or via phone or fax at the Chandler-Newberger Center (1028 Central St.) only (no other community centers). No program Nov. 30.

For registration details, please call Ray Doerner at 847/448-8682. For questions specific to content and instruction, please call Volleyball Professionals at 312/479-4347.

**Registration deadline: Sept. 24.** If we don't have enough registrants by this date the program will be cancelled. We will continue to accept registrations after this date IF the program had enough registrants as of the deadline.

Location: Chandler-Newberger Community Center

Age Level: 16 and up Fee: \$350 R/\$350 NR

Class #	Date Beg.	Day	Level	Time
633829A8	Sept 28	Su	B & BB	4:15 & 5:15pm
633829B8	Sept 30	Tu	BB	6:30, 7:30, 8:30 & 9:30pm

## Volleyball Program Levels

**B (Level III or Novice):** You're still learning to pass, set and attack. All games are in a social, fun atmosphere. Players usually underhand-serve. The third team hit is usually a hand set or bump pass.

**BB (Level II or Intermediate):** Players are passing, setting and attacking with each serve received. Players usually overhand-serve the ball and run an offense. Attacks are long and more powerful than that of level III players.

**A (Level I or Advanced):** These are top players in the recreational arena. Each player can pass, set and attack without many errors. Teams at this level have a back row setter and some players can attack well from the back row. Blocking is always a defensive tactic.

